

Daily Work Schedule

Before 9:00am	Get ready for the day!	Eat breakfast, make your bed, get dressed...
8:45am – 9:15am	Physical Exercise	Family walk, star jumps in the garden/lounge, dancing...
9:15am – 10:30am	English (Reading, Writing & Spelling/Grammar)	15 minutes daily reading 1 hour task – Y1 – Y6 see Google Classroom for daily tasks
10:30am – 10:45am	Break and Snack	Try and be healthy and get some fresh air
10:45am – 12:00pm	Maths	15 minutes of Times Tables Rockstars 1 hour task – Y1 – Y6 see Google Classroom for daily tasks
12:00pm – 12:30pm	Lunch	Make yourself a sandwich, wrap, roll, salad...
12:30pm – 1:00pm	Physical Exercise	e.g. go for a walk, 'Just Dance', cycle, yoga
1:00pm – 3:00pm	Other subjects	1 hour task – Y1 – Y6 see Google Classroom for daily tasks However, please spend the rest of this time completing fun activities with your child e.g. baking, making playdoh, play board games, wordsearches, sudoku, crosswords, lego, drawing, painting, playing music, puzzles (Try and avoid playing on the iPad or watching the TV). We would like to see what you are doing – please add photos to Facebook - @platdouetschool