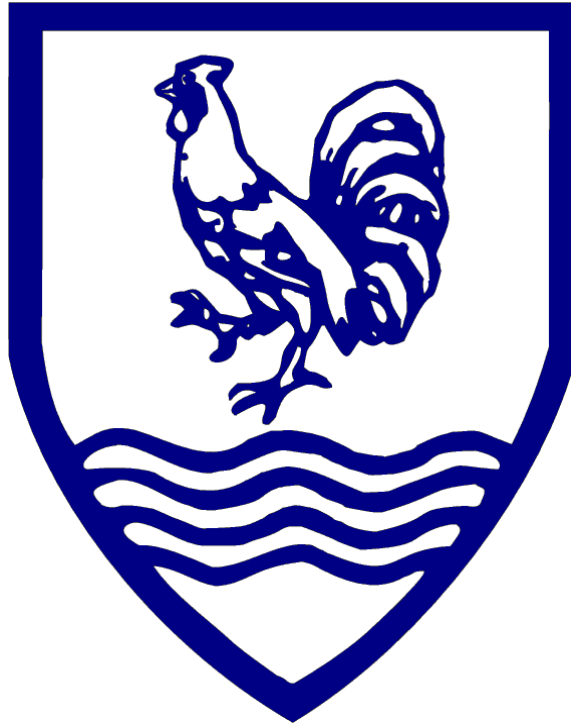


Plat Douet School

PE Policy



September 2025

At Plat Douet School every learner is entitled to a curriculum rich and varied, challenging and inspiring, which enables every individual to reach their fullest potential to the highest possible standard and allow all pupils to ‘be the best they can be’.

PE Vision Statement

At Plat Douet Primary School we aim to create a learning environment where every learner can experience a vast array of physical activities whilst being the best that they can be and achieving success. We provide pupils with skills and habits that lead onto lifelong enthusiasm and engagement in physical activity and a healthy lifestyle, with a heavy emphasis on continual personal improvement as an individual and a sportsperson. We nurture a safe learning environment with positive role models and provide pathways to local clubs and associations. We aspire to give our learners the greatest possible opportunities and exposure to represent Plat Douet across a variety of sporting events, both in and out of school time. In KS2 we assess and monitor Physical Literacy benchmarks across eight components of fitness, allowing us to identify children who are yet to discover their enthusiasm for sport, as well as gifted and talented individuals.

The 3I's

Intent:

At Plat Douet, our intent is to provide children with lifelong enthusiasm for sport, as well as active and healthy habits.

Pupils

- To continually strive for person improvement both as in individual and sportsperson.
- To develop gross motor & finer motor skills through a variety of sports and activities.
- To engage in competitive and non competitive games and activities.
- To have an opportunity to represent Plat Douet at external competitions and festivals.
- To develop understanding of a variety of sports including strategy and tactics.

School

- To continue to attend as many school sport events as possible throughout the academic year.
- Provide **all** children in KS2 with an opportunity to represent their school.
- Continue to have high levels of success at Primary Athletics and other competitive events.

Implementation:

Physical Education is taught twice a week following a structured and varied curriculum with an underlying focus on Physical Literacy Development.

Curriculum and Planning:

- We follow a curriculum that provides coverage and clear progression through a series of learning journeys.
- Planning is informed by pupil voice and end of unit assessments ensuring teaching is appropriate to pupils' prior knowledge.
- Lessons and resources are adapted to meet the needs of all learners, including those working above or below age-related expectations.

Assessment:

- The subject leader uses a variety of assessment methods to monitor and track learning.

- Physical Literacy Testing in September & June which is tracked to identify year group and individual trends to tailor planning. Each child's progress is tracked with an emphasis on personal improvement on their on Physical Literacy Matrix.
- During lesson observations to check for understanding and address misconceptions.
- Through PE Performance Profiles children's attainment is tracked and any gaps in learning can be addressed.

Health and Safety:

- Dynamic risk assessments conducted prior to each lesson.
- Equipment is regularly checked before use to ensure it is safe.
- Clear playing area boundaries are set before starting to avoid any obstructions.
- Children are encouraged to be competitive where appropriate, with reasonable force and enthusiasm.

MLL

PE provides an engaging, practical context for children to develop key vocabulary and communication skills. Pupils:

- Are taught and encouraged to use sport-specific vocabulary to describe skills, strategies, and rules.
- Learn to give and follow clear instructions during team games and collaborative activities.
- Reflect on their performance and set personal goals, strengthening both spoken and written self-evaluation.
- Engage with modelled sentence structures when giving feedback or sharing tactical thinking.

Oracy in PE

PE actively supports oracy by developing children's ability to:

- Communicate clearly with teammates, using reasoning and persuasive language in collaborative tasks.
- Justify choices and evaluate performance through structured discussion and peer assessment.
- Listen attentively to others' ideas and feedback in a respectful way.
- Take on roles such as coach, referee or leader, where clear and confident speech is required.

UNCRC Link – Article 29

“Education must develop every child's personality, talents and abilities to the full.”

At Plat Douet, our PE curriculum supports this right by nurturing each child's unique potential, promoting personal development, teamwork, perseverance, and the discovery of individual strengths within sport and physical activity.

